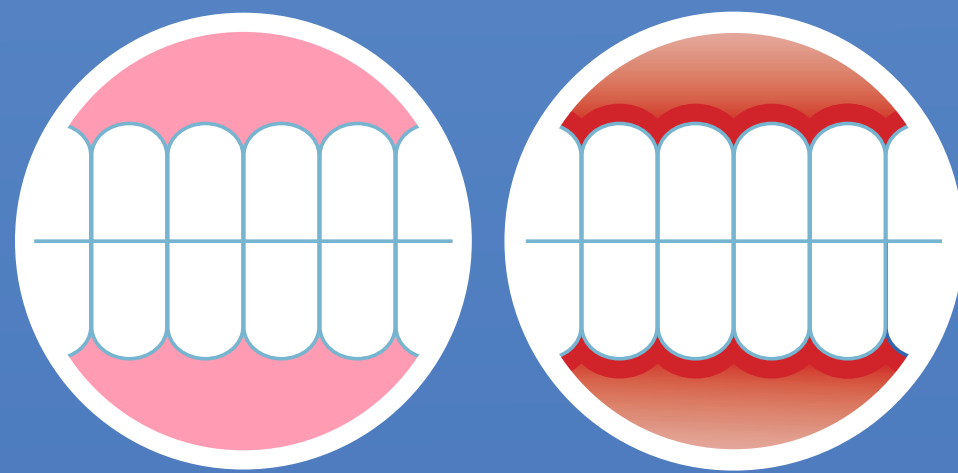


Women's oral health during pregnancy

During pregnancy, mouth becomes key focus of hormonal change...



...and gum disease caused by plaque on teeth becomes more obvious

Gums risk:

Pregnancy gingivitis

Gingival inflammation & bleeding, usually reversible with:

optimal plaque removal + periodontal check-up

Localised larger gum swelling

Usually resolves spontaneously after delivery

may require simple removal by a dentist

Periodontitis

More serious pre-existing gum disease including bone loss

which may become more advanced

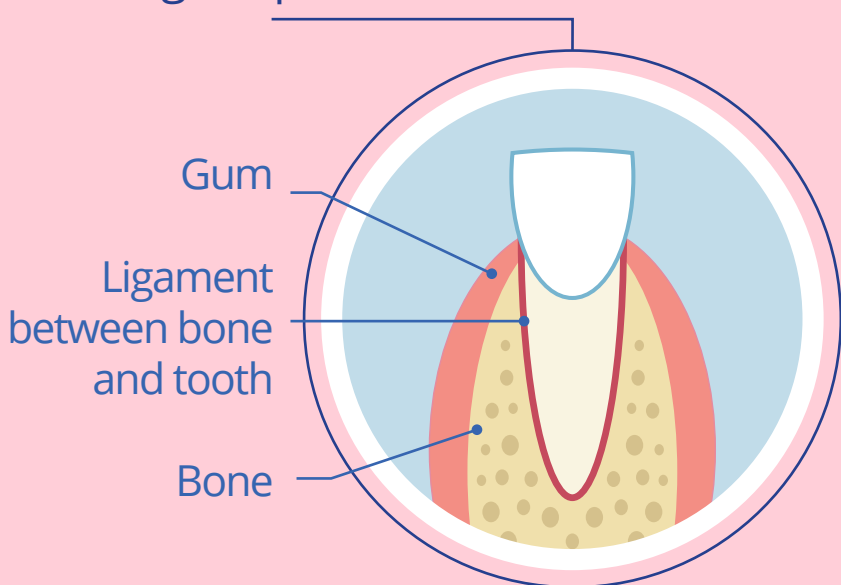
may trigger chronic general-health conditions

Professional oral care

Main goal during pregnancy: avoid persistent plaque accumulation

Why:

Because it may cause irreversible damage to periodontium

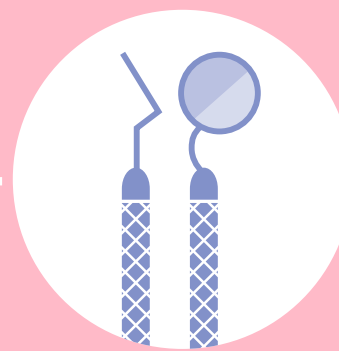


How:

By optimal plaque removal



By following professional oral-health advice



Otherwise:

As gums surround and support the teeth, damage to gums triggers related health problems including:

- halitosis
- aesthetic issues
- chewing issues
- tooth loss
- possible risk factor for gestational diabetes
- possible risk factor for adverse pregnancy outcomes
- other possible health risks

Make sure that gum disease does not become an issue during pregnancy