

## THE BRITISH SOCIETY OF PERIODONTOLOGY AND IMPLANT DENTISTRY

Minutes of the 76<sup>th</sup> Annual General Meeting

Held on Thursday 10<sup>th</sup> July 2025, via Zoom.

Present: Professor Nicola West  
Professor Luigi Nibali  
Dr Ian Dunn

President  
Honorary Secretary  
Honorary Treasurer/Webinar Host

and 38 members registered to attend.

The President welcomed everyone to the Society's 76<sup>th</sup> Annual General Meeting.

### 1. Apologies for Absence

Apologies were received from Professor Philip Preshaw and Mr Andy Cundy.

### 2. To adopt the Minutes of 75<sup>th</sup> Annual General Meeting

There were no amendments to the Minutes of the 75<sup>th</sup> Annual General Meeting and they were approved.

### 3. Report of the Honorary Secretary

Review of the year ending 2024.

Professor Luigi Nibali reported as follows:

Good evening. I am honoured to present the **Honorary Secretary's** Annual Report for this AGM, which is based on the year ending 2024.

Taking things in chronological order, Professor Philip Preshaw served as President of the Society in 2024.

Philip was an excellent leader and an extremely hardworking President. Philip has served in many roles on BSP Council and had a good understanding of how things run when he assumed his role as President. His dedication to the Society and commitment to serving must be commended. Philip worked incredibly hard to meet the needs of the membership, replied to member enquiries, kept up excellent communications in the monthly newsletters and always had the members interests at the forefront of all decisions he made during the year.

In addition to the many projects undertaken last year, Philip led the BSP in providing direction and support in updating the Strategic Plan. This project was successfully completed in December and the Strategic Plan 2025-2030 is available to view on the Society website.

In October last year, Philip organised a brilliant Conference, which took place in his hometown, Newcastle.

The Conference theme was Interdisciplinarity and focused on how we can work together more effectively across periodontology, dentistry and medicine, to achieve the very best outcomes for our patients. Philip invited an exciting group of internationally renowned speakers to share their expertise, including dentists, medics, scientists, clinicians, dental hygienists and dental therapists. There was also a parallel session focusing on career development possibilities for DCPs, to explore career routes in addition to clinical practice.

The three-day event was a fantastic occasion – educationally outstanding, absolutely inspiring, with world-class speakers sharing their knowledge and expertise, and a wonderful opportunity to catch up with friends, colleagues and become part of the BSP family.

It was a pleasure to work with Philip last year. On behalf of BSP Council, I would like to thank Philip for his continued service and dedication to the Society.

**In January**, the Society's programme of educational webinars commenced. Organised by the Chairs of the Education Advisory Committee, Dr Shazad Saleem and myself, the webinars continued to be extremely popular, allowing members to view live on the night or access the recording for up to 6 months after the event.

The webinars in 2024 offered a wide range of relevant and interesting topics and were well received by our members. The programme included a series of 4 webinars on the S3 Level Clinical Guidelines for peri-implant diseases, which were made available to the wider dental community. Last year, we also hosted a “*By Students, For Students webinar*” on the topic of E-cigarette vaping and the risk posed to periodontal health. This was presented by students at Kings. The Society is continuing to encourage other Dental School students to be brave and continue this fantastic educational practice of peer learning.

Date	Title	Presenter
25.3.24	Artificial Intelligence (AI) in Perio	Dr Jasmine Loke Dr Pasquale Santamaria
30.4.24	How to try and avoid problems with periodontal litigation	Dr Leo Briggs Dr Navidah Chaudhry
1.5.24	Minimally Invasive Non-Surgical Technique (MINST)	Prof Luigi Nibali Dr Claire McCarthy
21.5.24	Medical conditions and how they impact periodontal treatment	Prof Shauna Culshaw
4.7.24	Understanding Trauma from Occlusion and Its Impact on the Periodontium: A Scientific and Clinical Update	Prof Jacopo Buti
20.8.24	S3 Level Clinical Guideline for peri-implant diseases: a focus on prevention	Prof Iain Chapple
27.8.24	S3 Level Clinical Guideline for peri-implant diseases: Management of Peri-implant Mucositis	Prof Philip Preshaw
3.9.24	E-cigarette vaping: a risk for periodontal health? By Students, For Students	Undergraduate students, Kings College London
17.9.24	S3 Level Clinical Guideline for peri-implant diseases: Management of Peri-implantitis - non-surgical therapy	Prof Luigi Nibali
8.10.24	S3 Level Clinical Guideline for peri-implant diseases: Surgical Management of Peri-implantitis	Prof Nikos Donos
9.10.24 – 11.10.24	INTERDISCIPLINARITY - Achieving Best Patient Outcomes	Prof Philip Preshaw
20.11.24	Minimally Invasive Non-Surgical Technique (MINST)	Prof Luigi Nibali Dr Claire McCarthy
11.12.24	The <del>Esthetic</del> Dilemma of Periodontal Disease - Surgical Papilla Reconstruction	Prof Otto Zuhr

**In May**, the Society and its members promoted Gum Health Day, with the slogan, "**Gums rock! Keep them safe!**" The campaign took an educational approach, emphasising the crucial link between knowledge and prevention of periodontal diseases.

Thank you to all our members who helped to promote Gum Health Day on their social media channels and within their dental practice. A big thank you also to BSP Undergraduate Representatives, staff and students at Kings College London, University of Liverpool and Aberdeen Dental Schools who organised fantastic events to promote Gum Health Day to patients and the public.

In the same month, the BSP Team attended The British Dental Conference and Dentistry Show in Birmingham.

Paula and Joanne worked at the BSP stand, promoting membership and distributing resources. Dr Devan Raindi and Prof Philip Preshaw presented lectures in the Specialty Interest Theatre and also supported at the stand answering clinical questions.

The Early career Group organised not one but two masterclass events last year, one in London and one in Manchester. The idea was to attract dentists, dental hygienists and dental therapists from different geographical locations to attend the one-day course on "*Minimally Invasive Non-Surgical Technique*."

I was delighted to teach on these courses with my colleague, Dr Claire McCarthy, and even more delighted that both events sold out!

The course provided a revision of current protocols for non-surgical periodontal therapy and guidance on modern non-surgical instruments and techniques with hands-on training. The concept of a minimally-invasive approach for periodontal regeneration of intrabony defects was considered, by showing a treatment algorithm adopting the MINST approach. The hands-on aspects of the course covered non-surgical techniques, describing instruments and techniques for a minimally-invasive approach.

Our ECG continues to develop and offer support to new members of the profession interested in periodontology. ECG Chair, Dr Chandni Shah, will report in more detail about the group's activities later in this meeting but I would like to take this opportunity to thank Past Chair, Devan Raindi, and his Committee for their hard work and service to the Society from January 2023 until December 2024.

The BSP Implementation of Prevention and Treatment of Peri-implant Diseases: The EFP S3 Level Clinical Practice Guideline paper was published and is now available online with open access, in the Journal of Dentistry. I would like to thank Profs Nicola West and Moritz Kerschull for their hard work on this project. (The paper can be viewed or downloaded via this link:

[https://authors.elsevier.com/sd/article/S0300-5712\(24\)00150-7](https://authors.elsevier.com/sd/article/S0300-5712(24)00150-7) )

The BSP is fortunate to be supported by a Patient Forum consisting of a small group of volunteers who regularly meet to share their experiences and ideas. They give a voice to the patient community and work hard to contribute to BSP initiatives, workshops and conference events. We greatly value their input and support with many of the

projects we undertake. Their contributions make a huge difference and, on behalf of Council, I would like to thank them for the time they dedicate to the Society. A detailed report prepared by their Council representative, Andy Cundy, will be shared later in the meeting.

The Society continues to foster close relations with the European Federation of Periodontology, with many of Council involved in various committees. In addition, we continue to enjoy good working relationships with many other dental agencies, including Public Health England, the Department of Health, NHS England, the Office of the Chief Dental Officer and the British Society of Restorative Dentistry. We have worked with these agencies in an advisory capacity and the voice of the BSP is being heard at the highest level. Again, this demonstrates the commitment the Society and its members have to engaging with all stakeholders as part of its Strategic Plan. I would like to thank all those members of Council who have given their time and expertise to support these important links.

We have seen a small dip in our membership figures across all categories but particularly in the undergraduate category. There are many benefits to Undergraduate membership, which only costs a one-off admin fee of £10 and lasts for the duration of their course. We hope that all Dental & Hygiene Therapy Schools will encourage their students to join BSP.

Many members have cited financial hardship as the reason for not renewing their membership. We are committed to working hard to provide support and benefits to our members and doing everything we can to offer good value for money. Retaining membership levels is of paramount importance to us and we are continuing to monitor this.

The slide shows the Society membership status at the end of 2024:

	2018	2019	2020	2021	2022	2023	2024
<b>Honorary</b>	18	19	13	20	19	18	19
<b>Emeritus</b>	3	3	3	3	3	3	3
<b>Full Members</b>	784	805	766	795	818	780	749
<b>Full Members DH/DT</b>	257	307	314	377	399	417	388
<b>Postgraduate/ StR</b>	80	67	91	94	86	47	41
<b>First 3 Years</b>	24	6	5	5	14	21	11
<b>Undergraduates</b>	115	338	305	445	380	288	197
<b>Associates Overseas/ Retired</b>	11	11	34	34	58	46	34
<b>TOTAL</b>	<b>1292</b>	<b>1555</b>	<b>1530</b>	<b>1773</b>	<b>1777</b>	<b>1620</b>	<b>1442</b>

To reflect our commitment to progression and innovation, the BSP awards annual prizes for research into periodontology and implant dentistry both for undergraduates, postgraduate and qualified dentists, hygienists and therapists.

I would like to congratulate the winners of the 2024 Awards and also thank the panel of judges who reviewed all of the entries.

Entry criteria and deadlines for all prizes are available on the BSP website and there is still time to apply for one of the awards that will be judged at this year's Conference in Edinburgh.

**BSP Prizes awarded in 2024:**

PRIZE	Award
<u>Sir Wilfred Fish Research Prize</u> Crystal Marruganti <i>"Periodontitis increases the susceptibility to severe plaque psoriasis. A University-based cross-sectional study and microRNA expression analysis."</i>	£1,000
<u>Systematic Review Prize</u> Faisal Alotaibi <i>"Premature Bone Resorption in Vertical Ridge Augmentation: A Systematic Review and Network Meta-Analysis."</i>	£1,000
<u>BSP Clinical Fellowship award</u> Pasquale Santamaria Kiran Amin	Up to £4,000 per award
<u>Frank Ashley Undergraduate Prize</u> Laura Irving	£500
<u>BSP Research Grant</u> Sara Sharaf Giuseppe Mainas	Up to £5,000 per award
<u>Poster Prize</u> Clinical: Sandeep Pai Research: Kitty Guo	£500 each

In addition to the BSP Awards, the Society contributed £5,000 to a Faculty of Dental Surgery at The Royal College of Surgeons of England Pump-Priming Grant.

The recipient of the 2024 FDS-BSP Pump-Priming Grant of £10,000 was Giuseppe Mainas, from Kings College, London, to support his research project entitled, *"Relationship between dietary habits and periodontal inflammation in a UK population."*

In 2024, we held 4 BSP Council meetings, three face to face and one online. I would like to thank the volunteers who make up Council and the representatives who attend meetings on behalf of the Society for their dedication and hard work. Many take on large roles or projects and balance these additional tasks alongside their full-time professional jobs and personal responsibilities. We are grateful for everything you do for the Society and our members – thank you.

As already briefly mentioned, last year, Professor Philip Preshaw led the BSP in providing direction and support in updating the Strategic Plan. This project was successfully completed in December and the Strategic Plan 2025-2030 is available to view on the BSP website.

The vision is '*Periodontal Health for a Better life*' and the mission 'Promote awareness of periodontology and implant dentistry to the public, general and oral healthcare professionals to achieve our vision of "Periodontal Health for a Better Life."'

The broad objectives in support of the Vision and Mission will be delivered through six Strategic Aims:

1. Improving Health and Wellbeing
2. Promoting Education and Science
3. Engagement and Collaboration
4. Governance
5. Sustainability
6. Supporting the Specialty

BSP Council will work hard over the coming years to identify key initiatives and projects to support in delivering these strategic aims.

As a charity, we rely on funding from organisations to enable us to succeed in our aim to advance all aspects of periodontology and implant dentistry and promote the importance of gum health to dental and medical professionals, undergraduate students, patients and the public.

I would like to thank Acteon, Haleon, Kenvue, NSK, Oral-B and Philips who kindly supported BSP last year.

Lastly, I would like to thank Paula and Joanne for the amazing job they do in managing the day to day running of the busy Society. Together, they are the central point of contact for all BSP matters and are always happy to assist you with any membership or event queries you may have.

This brings me to the end of my report.

Prof Ian Needleman proposed and Prof Nicola West seconded the adoption of Prof Luigi Nibali's report.



#### **4. Report of the Honorary Treasurer**

Dr Ian Dunn reported on the BSP accounts, for the period 1<sup>st</sup> January -31<sup>st</sup> December 2024, as follows:

##### **a). Presentation of Accounts**

As always, I would like to thank our accountants, Alison Whalley and her team, at Azets, for the excellent job they do on behalf of the Society.

Thanks must also go to the BSP Team, Paula and Jo, who manage the smooth running of the accounts on a day-to-day basis.

I intend, this evening, to provide a short summary of the accounts for 2024, highlighting the main points worth noting and will then finish with our proposals for 2026.

If we look first at the income received in 2024, you can see from the slide that overall, it was lower than in 2023.

The main differences in the figures listed worth noting are:

- Subscription income was reduced
- Conference income was reduced (Although this is in line with reduced Conference expenses last year and a slightly smaller number of delegates.)
- The main decrease is in Donations and Legacies. In 2023 we received £31,467 income from Donations and legacies where two Conference speakers kindly waived their fee amounting to £2,000 and we also received EP10 money £29,467.

Despite this, we saw some significant increases:

- Investments - Interest rates provided a greater return on savings of £10,452 (2023 = £4987)
- Educational courses & webinars – This increase is a result of us running two Masterclass courses rather than one, as we did in 2023. (MINST – London & Manchester)

This next slide shows the expenses incurred in 2024.

The charitable activity expenses were much lower:

- Conference costs were much lower than in 2023, as it was a shorter slightly smaller event and the venue costs were lower.
- In line with increased income for Educational course & webinars, the expenses have also increased. In addition to the two Masterclass events, this figure includes the webinar expenses provided as a member benefit.

In terms of the Support & Governance costs:

- Support costs have increased. Joanne Brown joined the Society in October 2023 and there has been some overlap with training. In addition, the fees reflect the increased activities of the Society and its events, plus inflation.

- There has been an increase in insurance costs and the accountant's fees.
- Trustee hotel and travel expenses have increased, as we have seen a huge increase in travel expenses, particularly train fares. Members of Council have also been reimbursed for representing BSP at official meetings in 2024.
- The cost of the Council meetings has increased as we are now paying commercial rates in London, having moved from the BOS offices whilst they complete refurbishment work. It is hoped that we can return to BOS in 2026/27 and enjoy reduced venue expenses.

Looking at the overall picture for the 2024 Conference organised by Professor Preshaw, the very successful event produced a surplus of £17,433, which the Society can use to fund future charitable initiatives.

Looking at the overall picture since 2018, the Society has consistently performed well and I am delighted to report that the Society had a successful year in 2024.

The Society's total income was **£409,572**

Related costs were **£376,105**

This provided a net surplus of **£33,467**

Council intends to use some of the funds to achieve charitable objectives and undertake educational initiatives over the coming period and will be guided by the terms of the new Strategic Plan. As always, caution will be exercised to ensure that all projects are cost-effective and beneficial to our members, the wider dental community the public and patients. Safeguarding the long-term future of the Society remains of paramount importance to us. We shall keep you updated via our monthly newsletters regarding future activities.

Maintaining our members and encouraging new members to join is crucial to the long-term future of the Society. We are extremely proud that our membership figures have consistently stayed above 1,000 since 2015.

It was disappointing to note a drop in the membership at the end of last year and this is certainly something we are monitoring. We recognise that we live in difficult financial times and for many the last few years have been extremely challenging. However, we are working hard for our members and hope that you are enjoying the many benefits that membership brings.

Overall:

- There were continuing financial challenges during 2024 due to the aftermath of COVID-19 and the ongoing financial crisis
- Despite a dip in membership, BSP continues to attract new members and continues to deliver high levels of educational activity via initiatives and through Annual Conference & Webinar based events
- We have generated a pleasing annual surplus of £33,467
- Our current financial situation fits well with our core principles to deliver education and our status as a charity
- We need to continue to ensure that we attract the financial support of our Partners as well as engaging with new Partners
- 2025 is still a challenging year, BSP is working hard to support its members and I would encourage members to support BSP and the Conference in November in Edinburgh

- Overall, our Society remains in good financial shape

**b). Proposals for 2026:**

We therefore make the following proposals:

1. That for 2026 we freeze subscriptions. This will continue to be reviewed in future years.
2. To retain the services of our accountant Alison Whalley at Azets.
3. That our Executive General Manager, Paula Dunn, continues to work closely with our accountant to be able provide the Trustees with an ongoing assessment of the Society's financial situation.

The membership voted in favour of adopting Dr Dunn's proposals.

Prof Iain Chapple proposed and Prof Giles McCracken seconded the adoption of Dr Dunn's report.

**5. Report of the Honorary Editor**

Dr Alex Pollard reported as follows:

The BSP Editorial Team continues to work tirelessly to ensure our members, the wider dental community, patients, and the public stay informed and engaged. The 75th Anniversary year gave us a wonderful opportunity to reflect on the Society's legacy while continuing to push forward with new ideas and initiatives. The continued engagement and growth across our communication channels is a sign that our message is being heard.

**Facebook - 17,262**

**Twitter - 2,526**

**Instagram - 6,076**

Please follow us and interact with us across social media—we love to hear from you! We use these platforms alongside our website, e-newsletters, emails and the printed Periodical, to keep members up to date and involved. Each channel offers us an opportunity to connect with existing members, attract new ones and share our mission with a wider healthcare audience.

You may remember that last year's Periodical celebrated a particularly special theme: the 75th Anniversary of the BSP. The edition was packed with reflections, historical snapshots, and some light-hearted content, alongside our usual collection of engaging member-written articles. I'm always humbled by the generosity of our members in sharing their stories and expertise.

This year, we are inviting overseas members to contribute to the magazine and explain the benefits they enjoy by being a member of BSP. We hope that a collection of member articles will highlight the great work of the Society and demonstrate how it has united people, over the years, who share a passion for periodontology. Many people do not realise that the Society has members in over 37 countries around the world – quite an incredible statistic!

The magazine will be posted to members in November and we hope that you will enjoy reading this year's edition.

We continue to advertise job vacancies on the 'Professional' section of the website—a service that proves useful to both practices and clinicians alike. We receive a steady stream of job posts to upload. For those with an interest in periodontology, there is clearly no shortage of opportunities.

This evening, I would like to remind members about the many BSP Awards available to apply for.

I would encourage all members—particularly those early in their career—to consider submitting a **Case Report** to the BSP. Please remember that we are looking case reports which demonstrate a focus on high quality care rather than complex cases.

You may also wish to enter the **Primary Care Early Career Case Report Award** or the **Audit Award**. All of the awards are a fantastic way to develop professionally, showcase your work, and contribute to the Society's aims.

You'll find full criteria on our website, and the admin team is always happy to support with any queries. Every submission is reviewed thoughtfully and constructive feedback is always given. If you're thinking about entering, take the leap—you've got nothing to lose.

This year, there is also a special award being presented at The Oral Health Summit in Edinburgh – **The Outstanding Clinical Team Case Report Prize**.

The prize is being awarded jointly with The British Society of Dental Hygiene & Therapy with the object of showcasing excellence in the planning and treatment of a patient through a whole team approach. The prize is open to any team of oral healthcare professionals. The winning team will receive a cash award of £500 and a certificate. Please consider applying.

Finally, I would like to thank Joanne Brown and Paula Dunn for all of the work they do managing the Society's communications.

This brings me to the end of my report.

Prof Nicola West proposed and Prof Iain Chapple seconded Dr Pollard's report.

## **6. Report of the Chairs of the Education Advisory Committee**

Prof Nibali had already covered the work of the Education Advisory Committee in his report and detailed the webinars that took place last year. There was nothing further to report.

## **7. Report of the Early Career Group**

Dr Chandni Shah reported as follows:

I am the current chair of The Early Career Group, the ECG, and I would like to personally thank the members of the Committee for their contributions so far. The Committee consists of the following people:

- Jay Parmar – Secretary
- Cher Farrugia - Mono-speciality representative
- Giuseppe Mainas - Academic representative

- Fergus Machin - General Dental Practitioner representative
- Jacob Watts - NHS representative
- Jade Campbell - Dental Hygiene & Therapy representative

We have expanded our committee from last year as we have now introduced the General Dental Practitioner Role. The GDP role reflects the fact that we have an increasing number of dentists with a special interest in periodontology/ Tier 2 practitioners, so it is imperative that this important and developing group is represented within the BSP.

Earlier this year, the ECG ran a successful joint study day with the SRRDG (The Specialist Registrars in Restorative Dentistry Group). This took place on Saturday 22<sup>nd</sup> March and was held at the Library at the Royal College of Surgeons of England in London. This study day, presented by James Chesterman, Peter Clarke and Paul Baker, involved interactive discussions on Periodontics with a restorative input. Feedback from this day was very positive with many requests for more study days like this one. The ECG are currently working with the SRRDG to see if we can make this possible for next year.

Looking ahead, the ECG are planning to run a hands-on masterclass on mucogingival surgery. We are in the early stages of planning this event but are aiming to host this masterclass next year.

The ECG have helped to transfer the BSP membership survey onto an online platform and this should be going live to the BSP members soon. This will help the Society to understand any areas for improvement, ensure we are giving our members what they want and identify any areas of education you wish us to focus on in our future plans.

Finally, I am very much looking forward to the Oral Health Summit in Edinburgh in November later this year. I will be attending the BSODR and BSP Meetings on Thursday 27 November, which precede the main Conference.

The ECG Secretary, Jay Parmar, has arranged a fun social on the evening of Thursday 27 November at Boom Battle Bar and a coach to take us there from the Conference. The social will be a great opportunity to unwind and enjoy augmented darts with food and drinks. There are still spaces available so do book online if you would like to join us. I'm sure it will be a very fun evening.

Thank you. This brings me to the end of my report.

Prof Nicola West proposed and Prof Luigi Nibali seconded Dr Shah's report.

## **8. Report of the Patient Forum**

Prof Nibali shared a report about the Patient Forum on behalf of Mr Andrew Cundy:

### **BSP AGM – PATIENT FORUM REPORT 2024/2025**

I am delighted to write my second report as BSP Patient Forum Council Representative for 2024-2025.

#### **Membership**

We are delighted to report that the forum has grown this year and we are now at our original target of eight members. We have been fortunate to welcome Barbara Brese, Angharad Steel and Caron Smith to the Forum, broadening our geographical reach

to Swansea and Edinburgh. I am sure they will all make invaluable contributions to our work in the coming years.

Even more exciting is that Council have agreed to fund an additional two members, bringing us to 10 members. We have not yet recruited these two new potential members. We are conscious that we would like to strengthen our diversity profile as part of this recruitment. If any members know of any patients that might be willing to join us, please feed this back via the admin team. We would particularly like to have voices from patients living with a disability and those receiving their periodontal care in NHS practice. Please contact Mrs Jo Brown for more details.

It is with regret that we must announce that Shauna Culshaw has stood down from her role assisting the Patient Forum. Shauna has been a staunch supporter of the Forum from several years and has helped us so much and we are so grateful for all she has done for us; she will be sadly missed.

That sadness though is tempered with that happy news that Louise O'Dowd from Edinburgh has stepped up to fill Shauna's shoes. Louise's "fresh eyes", enthusiasm and energy will, I am sure, ensure a seamless transition.

As always are very grateful to our loyal, and new, Forum members for the time and energy that they continue to give to the Forum.

### **Meetings**

As planned, we have held four meetings over the year which are timed to take place just in advance of Council meetings. Three are held via zoom and one is in-person. We would like to thank Council for their funding of the in-person meeting. The meetings are helpful in discussing Forum input and support for Council and BSP initiatives.

### **Activities**

The Patient Forum, once again, presented at the BSP Conference in Newcastle. This was the first time that the Patient Forum session was almost entirely conceived, planned and executed by forum members. The session was based on the concept, "What does the Patient Think" and was designed to challenge you all to consider whether what you think your patients are thinking is aligned to what your patients are actually thinking. Those that were there will remember that we had a few technical issues with the polling system, but I hope the key message was well received. Judging by conversations we had with delegates after the session, the message did indeed get across and challenged some pre-conceptions. Once again thanks to Shauna Culshaw and Ian Needleman for all their help and special thanks to our then newest Patient Forum member Barbara Brese, who put herself forward to co-present before she has even been able to attend a forum meeting!

The BSP Forum contributed strongly to EuroPerio11. The symposium working group from around Europe comprising five patients, two dental hygienists, two postgraduate dental students, three dental specialists and the CEO of the international patient advocacy organisation (IAPO) worked together over the last two years to co-produce the symposium. A central element of the symposium was the production of two new films following on from the success of *The Sound of Periodontitis*, from EuroPerio8 in London in 2015. Neil Almond not only contributed to the group but his journey through periodontitis was the subject of one of the two films premiered during the symposium. The working group was led by Ian Needleman.

The symposium was attended by more than 400 delegates in person with more online. The symposium highlighted the seriousness of periodontitis including the psychological and social impacts experienced by many but also promoted a strong positive message that treatment makes a huge difference to wellbeing. Unfortunately, the stigma was so great for one of the patients that she withdrew from participating in-person, although she was happy for her film to be produced with an actor in her place. The symposium and films were extremely well received for their impact and as a highlight of the conference. The films will be available to view in the next few weeks.

The Forum was also very grateful for the invitation to review and contribute to the BSP Strategy Document. This is an important document which identifies the BSP plan for the next 5 years. We hope our comments were constructive and useful.

### **Future work**

The Forum will continue to provide feedback on BSP strategies and publications.

We will also be providing representation at the Dentine Hypersensitivity Clinical Practice Guideline sessions taking place in Kew in September.

Forum members will be taking part in a session at Professor Nicola West's Conference, The Oral Health Summit in Edinburgh in November. The patient panel will be part of the innovative session entitled, *"Taking patients' values and beliefs into account when practicing healthcare."*

We are delighted that Professor West has recommended to Council that the incoming President joins the Forum at our first meeting of each year to ensure our goals and priorities are aligned and understood. We are delighted at this development and feel that it can only further strengthen the relationship between the Forum and Council.

Finally, on behalf of the Patient Forum, I would like to thank Paula Dunn and Jo Brown for all their wonderful support and guidance without which it would be impossible to run the Patient Forum.

Prof Giles McCracken proposed and Prof Nicola West seconded Mr Cundy's report.

The next item on our agenda is the Election of the Officers for 2026

## **9. Election of the Officers for 2026**

As no other nominations have been received, the following were proposed by Professor Nicola West and seconded by Professor Luigi Nibali on behalf of the Council:

### **President 2026**

Dr Paul Baker

### **Senior Vice-President**

Dr William McLaughlin

### **Vice-President (Immediate-Past President)**

Professor Nicola West

### **Vice-President (President-Elect 2027)**

Professor Shauna Culshaw

### **Vice-President (President-Elect 2028)**

TBA

### **Honorary Secretary**

Professor Luigi Nibali

### **Honorary Treasurer**

Dr Ian Dunn

Prof Nibali expressed his thanks to the members and representatives on BSP Council for continuing in their role and working on a voluntary basis to support the Society. Their work is varied and can include undertaking initiatives, providing representation at external meetings, reviewing policies and working on important internal projects.

## **10. Election of Other Members of Council**

Prof Nibali advised that there were no appointments to report at this present time but future appointments will be announced via the member e-newsletter and website News page.

## **11. Honorary Members**

There was no award of Emeritus Membership this year.

## **12. Emeritus Membership**

There was no award of Emeritus Membership this year.

## **13. Notification of Awards and Prizes**

Prof Nibali was delighted to announce our Award winners for 2025, as judged so far:

- **Frank Ashley Undergraduate Prize** – Sophie Lam and Joshua Hurley
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## **14. Any Other Business**

There was no other business to report.

Prof Nibali advised that a vote of thanks to the immediate Past Acting President, Professor Philip Preshaw, will be made at the Conference Dinner in November.

## **15. Report of the President**

Professor Nicola West gave the following Presidential address:

Good evening everyone and thank you for attending this evening's AGM webinar.

I am deeply honoured to serve as BSP President this year. It is a privilege to lead such a wonderful group of volunteers on BSP Council, and I am grateful to them all for their support, dedication and hard work. Together, we are striving to achieve our vision and goals for this year identified in the latest Strategic Plan.

I have held several roles on Council over the years, so returning as President fills me with a deep sense of pride and accomplishment. Since its inception in 1949, BSP has worked incredibly hard to support its members and the wider dental profession, stakeholders, policymakers, patients and the public. It is therefore incredible to just take a moment to consider how much of an impact the collective efforts of former



Council members have made, and I am excited for the direction in which we are now heading.

Our membership is diverse and varied, comprising dentists, dental hygienists, dental therapists, researchers, academics, specialists and generalists, as well as the future of the profession – the undergraduates.

As BSP President, my focus is to expand our membership, create new opportunities, mentor the next generation of oral health professionals and spread the passion for perio!

It is with this goal in mind that this year the BSP is collaborating with our oral healthcare friends and colleagues on two big events.

Firstly, the BSP is undertaking a global Dentine Hypersensitivity Practice Guideline. Based on the scientific outcomes of the September workshop at Kew Gardens, the BSP will produce a set of S3-level clinical practice guidelines. We are fortunate to have the experience and support of Prof Ina Kopp to moderate the workshops and ensure the correct processes are followed. These will provide oral-healthcare professionals all over the world with precise therapeutic pathways based on individual patient diagnoses, and to make recommendations on specific interventions to get the best possible treatment results for patients with dentine hypersensitivity.

Secondly, I have teamed up with the British Society of Dental Hygiene and Therapy (BSDHT) for a joint Conference in Edinburgh in November.

Through this collaboration we will deliver the largest UK perio conference focusing on the latest innovations in periodontology, implant dentistry, and oral health. We have planned an exceptional line-up of leading global experts to present a fantastic scientific programme which will appeal to and unite all members of the dental team.

This three-day event will commence on **Thursday 27 November** with a joint meeting with the British Society of Oral and Dental Research (BSODR) entitled, "*Bridging Research and Practice: Innovations in Periodontology.*"

Tailored for a mixed audience of general dental practitioners, dental academics, researchers, hygienists, and therapists, the sessions will offer an exciting exploration of how research can directly enhance clinical practice. Tickets for this session are just £49.

BSP will have their usual meeting in the afternoon with practical lectures for dental care professionals and the Sir Wilfred Fish Research Prize presentations. Dr Ian Dunn will be providing top tips on how to manage the non-responding patient. Prof Virginie Monnet-Corti and Dr Alex Pollard will be discussing the perio ortho interface and how to optimise treatment outcomes. There is no charge to attend the Thursday afternoon BSP meeting and CPD will be provided.

Alongside these sessions, there will be a dynamic and interactive symposium, sponsored by Listerine, which is free to attend, exploring the ever-pressing need for early intervention, a panel discussion to unwrap the evidence for mouthwash as an adjuvant to mechanical cleaning and how to apply to patient plaque management strategies whilst realising the principles of the S3 level clinical practice guidelines.

In addition, there are a range of sponsored hands-on workshops provided by EMS, NSK, Geistlich, Straumann and Hu-Friedy. These bespoke hands-on workshops are limited to twenty-five places and are available to book for just £49.

The Oral Health Summit on **Friday 28 & Saturday 29 November** will be a unique opportunity to connect with leaders in the field and explore the latest advancements in oral health. Delegates will have the chance to hear from internationally renowned speakers, including the keynote speaker Klaus Lang, Otto Zühr, Giulio Rasperini, István Urban and Anton Sculean, to name just a few.

There will also be the highly anticipated “A Pint of Science” session, which will feature a lively debate on the microbiome, with contributions from Professors Mike Curtis, Phil Marsh, and Iain Chapple.

It is an event not to be missed, so please support this year's Conference and book your place if you have not already done so.

Finally, this evening, I have some people I would very much like to thank.

I wish to thank Professor Philip Preshaw for the excellent job he did as President last year. He served the membership well and achieved so much during his Presidential year. His Conference in Newcastle was an amazing success and enjoyed by everyone who attended. The fantastic images on the website Picture Gallery are testament to the wonderful time that was had by all!

I would also like to thank the Management Team of the BSP for all their support and commitment – Professor Luigi Nibali, our Honorary Secretary, Dr Ian Dunn, our Honorary Treasurer, and Managers, Paula Dunn & Joanne Brown. We are a very active group, closely involved in all aspects of running the Society, working with external partners and stakeholders, and responding to clinical enquiries from both members and non-members of the BSP. Thank you, Luigi, Ian, Paula & Jo for your support this year.

I wish to express my gratitude to our 2025 Partner Sponsors: Acteon, Haleon, Kenvue, Oral-B, Philips and Straumann. We enjoy and appreciate collaborating with these companies and value the support they provide to the Society which assists us in achieving many of our planned activities. More information about our Partner Sponsors can be found on our website. <https://www.bsperio.org.uk/about-us/partner-sponsors>

My final thanks this evening is to you – **the members**.

We appreciate and rely on you supporting the Society and retaining your loyalty is of paramount importance to us. Your interests remain at the centre of everything we do, and I do hope that you feel supported through our communications, educational programme and initiatives.

Thank you, members, for joining us this evening and I look forward to welcoming you to The Oral Health Summit in Edinburgh in November.

Signed: ..... Date: .....