

#### THE BRITISH SOCIETY OF PERIODONTOLOGY AND IMPLANT DENTISTRY

Minutes of the 73rd Annual General Meeting held online on Wednesday 29<sup>th</sup> June 2022, via Zoom.

Present: Professor Rajan Nansi President

Professor Wendy Turner Honorary Secretary

Dr Ian Dunn Honorary Treasurer/Webinar Host Mr Julian Ekiert Patient Forum Representative

and 57 members as recorded in the attendance book.

The President welcomed everyone to the Society's 73rd Annual General Meeting.

# 1. Apologies for Absence

There were eight apologies received for absence from Dr Trevor Watts, Dr Lydia Hopkins, Dr Penny Hodge, Dr Jillian Geaney, Mrs Lynn Chalinder, Mrs Ruth Glover, Prof Philip Preshaw and Dr Steve Bonsor.

# 2. To adopt the Minutes of the 72nd Annual General Meeting

There were no amendments to the Minutes of the 72nd Annual General Meeting and they were approved.

## 3. Report of the Honorary Secretary

Review of the Year ending December 2021.

Professor Turner reported as follows:

Taking things in chronological order, Professor Mark Ide kindly agreed to take on the role of Acting President, on behalf of our dear friend, Dr Nik Pandya, who sadly passed away in 2019.

Mark worked extremely hard last year and would undoubtedly have made Nik incredibly proud as he carried on the amazing work of the BSP, with the support of Council and the Executive Team.

On behalf of BSP Council, I would like to thank Mark for his selfless dedication and commitment to the Society.

However, 2021 was still recognised as Nik Pandya's Presidential year.

BSP Council added an engraved gold bar to the Presidential Chain to honour Nik. He has been greatly missed by all and his thoughts and principles have continued to be considered at Council meetings.

Nik was passionate about supporting all general dental professionals in practice and our 2022 President, Dr Rajan Nansi, has kept this at the forefront of his mind when planning the 2022 Conference.

Firstly, Rajan has kept the venue chosen by Nik – the elegant Luton Hoo Hotel in Bedfordshire. A perfect location for BSP members to come together with friends and colleagues and enjoy an exciting mix of presentations, workshops, networking and socialising.

Secondly, Rajan has planned a fantastic programme which will appeal to all members of the dental team. Keeping Nik's ethos at the heart of the programme, the Conference will focus on engaging the whole dental team and the power and value of working together.

I very much hope that you will join us in October for what promises to be an excellent Conference and if you haven't already booked, please do so now and take advantage of the early bird rate.

It was an extremely busy start to the year for the Team at BSP. Our UK version of the S3 Treatment Guidelines for Periodontitis paper was published online in the Journal of Dentistry, with open access.

(https://authors.elsevier.com/sd/article/\$0300-5712(20)30310-9)

Producing these guidelines in such a short space of time was an incredible achievement. On behalf of the Society, I would like to thank Profs Nicola West and Moritz Kebschull, together with all of the dental professionals, medical experts, stakeholders and BSP Patient Forum members, who worked hard to make this project a huge success.

To assist members and the wider dental community in interpreting the guidelines, the BSP carefully planned and created educational resources to support the profession, which were added to the dedicated website page under the Professionals tab. (www.bsperio.org.uk/S3-Guidelines)

**In February and March**, a series of four educational webinars, following the publication of the paper, "BSP Implementation of Treatment of Stage I-III Periodontitis –The EFP S3 Level Clinical Practice Guideline," were made available to the wider dental community, free of charge. This series of webinars attracted registrations from over 9,000 dental care professionals.

The BSP were kindly supported by <u>GSK</u> on this project, working with us to record several educational videos and produce flowchart resources to help dental care professionals to implement the guidelines in clinical practice. The flowchart QR code linked to a short, informative video, guiding you through the four steps. We also created a series of short video clips, to be shared via social media and our website, to help to spread the important educational message to the wider dental profession, patients and the public.

**On 12<sup>th</sup> May**, the Society participated in the pan European campaign to raise awareness of the importance of gum health. Due to the Covid-19 crisis, our planned public events could not take place for the second year running and instead we ran

a successful online campaign and promoted Gum Health Day via our social media platforms.

The 2021 campaign slogan was "Gum diseases are preventable," and a simple call to action "Visit your dental team".

In addition to the EFP resources, the BSP created a series of short videos to help explain some of the signs and symptoms for patients to look out for. We also invited our social media followers to take part in a lockdown challenge, by creating an image/short video to spread this important message. We had a fantastic response with many dental care professionals and dental practices sharing our resources with their patients and posting stories on Instagram about the importance of good oral health. Many created their own posters, artwork and videos to help promote this important initiative.

In June, the first of our two annual "By Students, For Students" webinars took place. Students from the University of Sheffield presented on the topic, "The Two-Way Relationship between Periodontal Disease and Diabetes Mellitus - How do we Assess, Treat and Manage these patients?"

**In November**, Students from the University of Portsmouth Dental Academy presented on the important topic of "Stress and wellbeing within the dental profession."

Both groups of students did a fantastic job and based on the overwhelmingly positive feedback, we intend to continue these educational practices of peer learning, in which students interact with each other to develop their understanding and knowledge of periodontology.

I must take this opportunity to thank our Undergraduate Representatives, who work extremely hard to promote the benefits of membership within their schools and raise awareness of BSP events and student webinars. A special thanks must also be given to Brinder Shergill, from Glasgow Dental School, who has been a fantastic Chair of the Undergraduate Group and a pleasure to work with.

In November, our planned 2020 Conference eventually took place at The Royal College of Physicians, London. Having been postponed twice, due to Covid-19, the event was a great success and we received a lot of positive feedback regarding all aspects of the meeting.

The Patient Forum continues to be a valued and important part of the BSP.

Our decision to invite Chair of the Group, Julian Ekiert, to be a representative at our Council meeting has been a positive move. Julian continues to make valuable contributions to our discussions and offers a patient perspective when needed.

Patient representation is vitally important as all our clinical, educational and research activities are focused on the well-being of patients. As a Society, we are privileged to have so many patient volunteers who give their time freely to help us share our important message about the importance of gum health and I wish to extend my thanks to the group.

I am delighted that Julian will be delivering the Patient Forum Report later this evening.

The Society has continued to foster close relations with the European Federation of Periodontology, with many of Council involved in various committees.

In addition, we continue to enjoy good working relationships with many other dental agencies, including Public Health England, the Department of Health, NHS England, the Office of the Chief Dental Officer and the British Society of Restorative Dentistry. We have worked with these agencies in an advisory capacity and the voice of the BSP is being heard at the highest level! Again, this demonstrates the commitment the Society and its members have to engaging with all stakeholders as part of its Strategic Plan. I would like to thank all those members of Council who have given their time and expertise to support these important links.

In 2021, the Society continued to develop its programme of webinars, which has proven to be an extremely popular and more effective tool than traditional regional lectures. Webinars allow better educational access to all members who can view live (or archived) presentations at home or work, via the web. The webinars in 2021 offered a wide range of relevant and interesting topics and were well received by our members.

Date	Type of Event	Title	Presenter		
10 <sup>th</sup> Feb	Webinar	BSP UK Practice Guidelines for the Treatment of Periodontitis - Step 1	Prof. Moritz Kebschull		
24 <sup>th</sup> Feb Webinar		BSP UK Practice Guidelines for the Treatment of Periodontitis - Step 2 Non-Surgical Periodontology	Prof. Iain Chapple		
10 <sup>th</sup> Mar	Webinar	BSP UK Practice Guidelines for the Treatment of Periodontitis - Step 3 Surgical Periodontal Therapy	Prof. Nikos Donos		
24 <sup>th</sup> Mar Webinar		BSP UK Practice Guidelines for the Treatment of Periodontitis - Step 4 Supportive Periodontal Care	Prof. Nicola West		
4 <sup>th</sup> May	May Webinar Careers in Periodontics and Specialist Trainir		Dr Mitul Shah		
16 <sup>th</sup> Jun Webinar		The Two-Way Relationship between Periodontal Disease and Diabetes Mellitus, by Students for Students	Sheffield Undergraduate Students- Raina Palit & Mowlni Uthayakumaran		
22 <sup>nd</sup> Sep	Webinar Soft tissue management around teeth and implants in the aesthetic zone		Prof. Stefan Fickl		
12-14th Nov	Conferen ce	Hard and Soft Tissue Regeneration	Prof. Nikos Donos & Guest speakers		

20 <sup>th</sup> Nov	Webinar	Stress and wellbeing within the profession, by Students for Students	dental	Portsmouth Undergraduate Students – Eades, Haddow, Vongsawat, Hussain	Abigail Rachel Win Maria
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Our ECG continues to develop and offer support for new members of the profession interested in periodontology.

In addition to the website providing detailed information on Career Pathways and Specialty Training, the Chair of the Group presented a helpful webinar on "Careers in Periodontics and Specialist Training."

Unfortunately, The ECG Masterclass: Peri-Implantitis - Diagnosis and Treatment Modalities was postponed until 2022 due to Covid-19.

My thanks go to ECG Chair, Dr Mitul Shah, and his fellow Committee members, for their service to the Society.

We have continued to see a growth in our membership figures.

The slide shows the Society membership status at the end of 2021:

	2015	2016	2017	2018	2019	2020	2021
Honorary	11	13	14	18	19	13	20
Emeritus	1	2	2	3	3	3	3
Full Members UK	594	674	768	784	805	766	795
Full Members DH/DT	167	181	218	257	307	314	377
Postgraduate/ StR	74	97	72	80	67	91	94
First 2 Years	55	45	20	24	6	5	5
Undergraduates	11	26	74	115	338	305	445
Associates Overseas/ Retired	25	24	31	11	11	34	34
TOTAL	987	1061	1199	1292	1555	1530	1773

We care passionately about retaining our members. As a Society, we recognise that good, effective communication is key and essential for us to achieve and maintain strong, lasting working relationships at all levels of the organisation. It is, also, an integral part of membership growth and collaboration with other health

professionals. The BSP is committed to developing our communication channels and we work extremely hard to serve our members and provide the latest updates in the world of perio.

# Prizes Awarded in 2021

Audit award No award  Sir Wilfred Fish Prize Chaitanya Pradeep Joshi "Coronary Artery Disease Risk is Increased by Periodontal Pathobionts."  BSP Clinical Fellowship award Anastasiya Orishko  Up to £4,000 per award  Systematic Review Prize Oliver Jones "Azithromycin as an Adjunct to Subgingival Professional Mechanical Plaque Removal in the Treatment of Grade C Periodontitis: A Systematic Review and Meta-analysis"  Poster Prize Clinical: Rajpal Tattar Research: Shivani Rani  BSP Research Grant Joanna Batt  Up to £5,000 per award  Lup to £5,000 per award  Prank Ashley Undergraduate Prize Jane Murray Oliver Ryder	PRIZE	Award
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Rajpal Tattar  Research: Shivani Rani  BSP Research Grant Joanna Batt  Frank Ashley Undergraduate Prize  Jane Murray  £500 each  £500 each  £500 each	Poster Prize	
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Shivani Rani  BSP Research Grant  Joanna Batt  Up to £5,000 per award  Frank Ashley Undergraduate Prize  Jane Murray  £500	Rajpal Tattar	£500 each
BSP Research Grant  Joanna Batt  Frank Ashley Undergraduate Prize  Jane Murray  £500	Research:	
Joanna Batt  Frank Ashley Undergraduate Prize  Jane Murray  £500	Shivani Rani	
Joanna Batt  Frank Ashley Undergraduate Prize  Jane Murray  £500	BSP Research Grant	
Jane Murray £500	Joanna Batt	
1500	Frank Ashley Undergraduate Prize	
	Jane Murray	£500
	Oliver Ryder	

I would like to thank all applicants for their support and contribution to the Society and, in particular, the individuals nominated for the awards. Entry criteria and deadlines for all prizes are available on the BSP website.

During 2021, we held 4 Council meetings online. We also held several online meetings to discuss our long-term strategic aims, to safeguard the sustainability of the Society. Council meet regularly to reflect and evaluate our achievements and identify key objectives for the following 12 months. These objectives reflect elements of our strategic aims and keep the BSP focused on delivering the best service to our members, the wider dental community, the public and patients.

It is vitally important that we continue to build on what the Society has achieved over the last 70 years. We are always striving to meet the needs of our membership and to stay at the forefront of research and education in the area of periodontology and dental implantology. We are continually exploring how we can develop, grow, be a sustainable charity and set ourselves challenging targets over the coming years.

I am extremely proud of how much the BSP has achieved during these challenging times. As always, the interests of our members have remained at the centre of everything we do and, I hope, that you have felt supported through the many initiatives we undertook in 2021.

As a charity, we rely heavily on funding from organisations to enable us to succeed in our aim to advance all aspects of periodontology and implant dentistry and promote the importance of gum health to dental and medical professionals, undergraduate students, patients and the public.

Without the support of our 2021 Partner Sponsors, we would not have been able to fully support our members and the wider dental profession in the many successful initiatives we have undertaken this year.

In recognition of their financial support to help us achieve our strategic aims we allow our Partner Sponsors logos to be added to our website and newsletters. In addition, if they sponsor educational webinars or provide support for initiatives of public benefit, we may also add their company logos to educational resources to acknowledge their contribution. At all times, BSP Council follow health care compliance regulations.

I wish to extend my sincere thanks to our 2021 Partner Sponsors: Acteon, Corsodyl, Durr Dental, Johnson & Johnson and Oral-B. The BSP is extremely grateful for their support and successful working relationship that we enjoyed last year.

I would like to thank our Education & Events Manager, Tamsin, for all of her hard work during 2021. The pandemic continued to cause considerable challenges for Tamsin in her role, including re-organising the 2020 Conference. Nevertheless, Tamsin remained positive in the face of adversity and forever flexible when changes were needed.

I am pleased to say that the future now looks more promising for events. Tamsin continues to work tirelessly organising educational webinars and short courses for our

members. In fact, she is already in discussions on the plans for the 2024 and 2025 Conferences!

On behalf of Council, Tamsin, I would like to thank you for all that you do for the BSP.

I would also like to thank our Executive General manager, Paula. She is the central point of contact for all BSP matters and works incredibly hard, at all hours, to keep everything and everyone on track.

On behalf of Council, Paula, I would like to thank you hard work and dedication to the BSP.

Finally, I would like to thank the whole of Council for their support this year and indeed the support of the whole membership.

This brings me to the end of my report.

Dr Alex Pollard proposed, and Prof Iain Chapple seconded the adoption of Professor Turner's report.

## 4. Report of the Honorary Treasurer

Dr Ian Dunn reported on the accounts for the year ending 2021, covering the period 1st January -31st December 2021, as follows:

## (a)Presentation of Accounts

As always, I would like to thank our accountants, Alison Whalley and her team, Naylor Wintersgill Ltd, for the excellent job they do on behalf of the Society.

Thanks must also go to Paula and Tamsin who manage the smooth running of the accounts on a day-to-day basis.

I intend, to provide a short summary of the accounts for 2021, highlighting the main points worth noting and will then finish with our proposals for 2023.

If we look first at the income received in 2021, you can see from the slide that it was far greater than in 2020. This is predominantly due to our annual Conference actually taking place.

Decreased return on investments was expected and the ECG Masterclass was unable to take place in 2021, due to covid, so that accounts for the small decrease in course income.

This next slide shows the expenses incurred in 2021. As expected, this is significantly higher than in 2020, as the annual Conference took place.

In addition, the Society spent over £42,000 on educational initiatives and webinars. This includes money spent on the S3 Treatment Guideline adolopment, attending the BSDHT Conference to promote the Society, Awards & Prizes, S3 webinar series which

was free to the wider dental community and posting educational resources to dental schools, to name just a few.

Support and governance costs have reduced. All meetings were held online last year, so travel costs were greatly reduced. In addition, we have reduced our website costs, as the new website enables Paula and Tamsin to do more work themselves, thereby reducing the need to outsource work.

Looking at the overall picture over the last few years, it is clear that the large surplus in 2016 and 2019 were predominantly due to EuroPerio monies. It is also evident that annual surplus are due to increased Partnership monies, increased member subscriptions, Conference surplus, reduced salaries and running costs.

Council intend to use some of the funds to achieve charitable objectives and undertake educational initiatives, however, as always, we still need to exercise caution and safeguard the long-term future of the Society. As always, we shall keep you updated via our monthly newsletters regarding future activities.

We are extremely proud that our membership figures continue to grow. We have moved from 1,000+ to 1,500+ members over the last 4/5 years. Despite the additional administrative work involved in meeting the needs of a larger membership, streamlining systems and careful office management have resulted in reduced salaries and running costs for the Society.

In summary, the Society made of surplus in 2021 of £94,260, which puts us in a strong position to continue with our charitable objectives. This is something we hope to really focus on, now that the pressures of covid and meeting in person are relaxing.

#### Overall:

- There have been continuing financial challenges during 2021 due to COVID-19
- BSP continues to attract new members and continues to deliver high levels of educational activity via initiatives and through Annual Conference & Webinar based events
- We have generated a pleasing annual surplus of £94,260
- Our current financial situation fits well with our core principles to deliver education and our status as a charity
- We need to continue to ensure that we attract the financial support of our Partners as well as engaging with new Partners
- 2022 is still a challenging year, BSP is working hard to support its members and
   I would encourage members to support BSP and Conference in November
- Overall, our Society remains in good financial shape

#### b). Proposals for 2023:

1. That for 2023 we freeze subscriptions at 2022 levels, this will continue to be reviewed in future years (We recognise that some members are experiencing

financial hardship and we greatly value their continuing support. By freezing our subscriptions, we hope to retain the members that we currently have.)

- 2. To retain the services of our accountant Alison Whalley at Naylor Wintersgill Ltd
- 3. That our Executive General Manager, Paula Dunn, continues to meet our accountant on a quarterly basis to be able provide the Trustees with a better "in year" assessment of the Society's financial situation

The membership voted unanimously in favour of adopting Dr Dunn's proposals. Professor Iain Chapple proposed and Dr Paul Baker seconded the adoption of Dr Dunn's report.

# 5. Report of the Honorary Editor

Dr Rajan Nansi shared a report, on behalf of Dr Alex Pollard, as follows:

As Honorary Editor, I oversee the Society communications. The team put a huge amount of effort into communicating relevant and up to date news and developments with our members, the wider dental community and patients.

In particular, the Society has worked very hard to keep members up to date with important developments and changing guidelines during the Pandemic. We share information through a range of regularly updated sources, including our website, popular monthly newsletters and social media platforms. Using a variety of communication channels helps us to engage with as many members as possible, to engage with potential new members, and to foster collaborations with other health professionals.

As a Society we use varied communication strategies to sustain strong working relationships within Council. Most council meetings will continue to be held virtually as they have been over the last two years, and we acknowledge that there are a lot of benefits to virtual meetings including reduced environmental impact and increased productivity due to reduced travel times. This fits with our sustainability manifesto. However, we are reintroducing occasional face-to-face council meetings, which we also feel are important.

On that note, I really enjoyed meeting many of you face-to-face at the BSP Conference in November 2021. Please make sure you do not miss the early bird registration for our President Rajan Nansi's Conference, 'New Horizons' which has an excellent program and is due to take place between 13-15<sup>th</sup> October this year at a stunning venue, Luton Hoo.

Over the last 18 months we have worked hard as a Society to disseminate the BSP Implementation of the European S3–Level evidence–based treatment guidelines for stage I-III periodontitis in UK clinical practice. Having had great feedback regarding the Flowchart for professionals, we have created a soon to be released lay flow chart which our members can use to educate their client base.

I would like to thank those who have submitted their excellent case studies to the BSP. We have seen an increase in submissions, which is great because the Society feels that these are an excellent learning resource for our members. I would encourage our members to read the guidance and submit one too. We accept them from all clinical members of the dental team.

After a successful Periodical Magazine last November, we have already started thinking about the next issue. This will be themed around Mental Health and General Wellbeing, which we feel is an important topic to cover. We have had a good initial response but are still looking for people to contribute articles, so please get in touch if you would like to see your work in print.

We regularly evaluate our communication strategies and are pleased to continual growth in the number of followers and interactions on our social media platforms. I want to share with you the latest figures. The figures in brackets on the slide show the number of followers twelve months ago:

**Facebook** - 16,443

Instagram – 3,976

**Twitter** – 2,318

If you don't already follow the BSP, find us and add us now! More than that, contact us by email or on social media to tell us about things that might interest our other members. In addition, let us know if you would like to contribute to our next Periodical Magazine. We love hearing from fellow BSP members!

Dr Viren Vithlani proposed, and Prof Giles McCracken seconded the adoption of Dr Pollard's report.

## 6. Report of the Chairman of the Education Advisory Committee

Prof Wendy Turner shared a report, on behalf of the Chairs of the EAC, Dr Shazad Saleem and Prof Moritz Kebschull, as follows:

You may recall that at the AGM last year, it was proposed and unanimously accepted by the membership that the names of the Teachers' and Practitioners' Sections needed updating to reflect the work that BSP now do.

As a result, the Constitution was changed to reflect that the two Section roles be disregarded and a new group be established called, "The Education Advisory Committee".

The Education Advisory Committee is a team led by a Practitioner (Dr Shazad Saleem) and an Academic (Prof. Moritz Kebschull). Our broad remit is to work on specific tasks including:

- Liaising with the dental school perio leads
- Exploring member CPD needs
- Driving education and being instrumental in organising the Educational Webinar Programme/Masterclass Courses with the President/Education & Events Manager
- Supervising the Undergraduate and Early Career Groups
- Educating patients

We are only a year into this new role and during this time we have worked hard to bring you educational webinars covering a series of topics. We take time to review your evaluations and look for trends in the viewing figures, determining the subjects which hold the most interest for our members.

We have also taken the decision to switch our webinar platform from GoToWebinar to Zoom Webinar. Zoom offers more flexibility on audience numbers and greater video quality. It also provides the opportunity for the host or panellist to share their screen, video, and audio, while attendees can use the chat or question & answer options to interact with the host and panellists. We hope that you are enjoying some of the benefits to this new platform.

We recognise that our Society is made up of a rich mix of specialists, trainees and researchers, GDPs, dental hygienists, dental therapists and undergraduates. Moving forwards, we are keen to meet the needs of our membership in the educational activities we provide.

We want you, our members, to get the most out of your subscription. We therefore encourage you to please share your ideas with us and let us know what courses and webinars you would like to see the BSP providing. There are plans to send out a membership survey soon but, in the meantime, we can be contacted via the website contact form. Together, we can learn, develop and grow.

Dr Alex Pollard proposed, and Dr Viren Vithlani seconded the adoption of the EAC report.

## 7. Report of the Early Career Group

Dr Ian Dunn shared a report, on behalf of Dr Mitul Shah, as follows:

It was an honour to be elected as Chair of the Early Careers Group from 2021. I give my sincere thanks to Dr Vipul Patel who was exemplary in his role despite the notable difficulties that the pandemic presented to him during his tenure.

The beginning of the year saw the election of new committee, welcoming Devan Raindi (Secretary), Sinead Daly (Academic Representative), Hiraa Jamie (Social Media officer), Maja Sabalic (Mono-specialty Representative), Oliver Jones (NHS representative) and Anna Middleton (Hygiene therapy representative).

The Normal ECG Masterclass as organised by the past chair was unfortunately postponed on several occasions. It finally took place on 22<sup>nd</sup> June 2022, a full 18 months after its intended booking. The feedback has been excellent, and we give thanks to Professor Donos and Tamsin for organising such a fantastic event.

In May 2021, the ECG presented a webinar on Specialist Training and Career Pathways in Periodontics. The topic allowed each of the committee members of the ECG to highlight their personal experiences of how they have developed their careers in differing ways. In light of the growing number of Tier 2 vacancies across the country, the subject was topical and well received by the delegates.

November saw the much-anticipated conference on Hard and Soft Tissue Regeneration, as organised by Professor Donos. The programme was full of highlights but the standout was a candid question and answer session with Professor Filippo Graziani. It was an honest insight into how Professor Graziani grasped opportunities when they were presented to him and the challenges he faced along the way. The talk will be available soon on the ECG page of the BSP website. I give my thanks to Devan Raindi, who organised a fun ECG social event at Bounce Ping Pong Old Street, which was a great opportunity for new trainees to network and relax.

As we draw ever closer towards the October Conference at Luton Hoo, I would urge you all to consider attending the ECG session which is scheduled on Thursday 13<sup>th</sup> at 1:30pm. In a talk that I will be delivering myself, I will be sharing my personal experiences of incorporating a fully digital and AI driven workflow to manage patients with 'Gummy Smiles'. We will then aim to build upon this with our next ECG masterclass, which will be a masterclass in aesthetic crown lengthening surgery. The masterclass will be suitable for general dentists and specialists alike and will have a strong hands-on component. Details of this will be released in the coming months, so stay tuned!

In addition, there will be a social event organised by the Early Career Group at the upcoming Conference, taking place on the evening of Thursday 13 October. This is a great opportunity for members to meet and network in a relaxed environment, so please do book for this as soon as you can. All the details can be found on the online Conference booking form. Thank you.

Dr Alex Pollard proposed and Dr Viren Vithlani seconded Dr Shah's report.

### 8. Report of the Patient Forum

Mr Julian Ekiert shared his report about the Patient Forum:

It has been a somewhat strange year for the Patient Forum with no physical meetings taking place. This is important as we all know that Zoom or Teams meetings have by and large worked well for training tasks and in the professional workplace. However, for many patients this medium can be unfamiliar and not used by the general public at large. This can erect a barrier to free-flowing conversation which is important when discussing health issues.

Nevertheless, Forum Members have been active, supporting a number of projects:

- In June 21, four Forum Members supported NHS England in a pilot in London regarding diabetes and its links to periodontal disease. If the pilot proves a success, then this will be rolled out across England.
- Patient Forum members gave valuable input to the \$3 lay flowchart. It is expected that this work will be completed imminently.
- The Forum will also participate in the revision of the Stage IV guidelines. Dates and material are awaited.

- In February 2022, work began on the revision of the SDCEP periodontal guidelines. Two Forum Members are involved. One important part of the work has been to develop a glossary of terms that can be used when the work is complete. It is hoped this revision can be completed by the end of the year.
- In February 2022, Professor Shauna Culshaw organised an Undergraduate Student Symposium at the Glasgow Dental Hospital entitled "Understanding the patient experience of Periodontitis". The event was run online with five groups, each with twenty volunteers, one staff member and one patient volunteer. The students prepared a list of questions in advance for the patients. Following the symposium, the students completed a written assignment reflecting on how learning from the patient, outside of the clinical setting, had impacted them. The response was extremely positive. Professor Culshaw's report in full can be viewed on the BSP website. I would urge all Council members who work in other Dental Schools to consider organising similar style events. The benefits are both clear and tangible.
- In March 2022, I took part in a trial with Dr Alex Pollard to record a short patient information video which could result in a series of videos tackling periorelated subjects. Alex is currently editing the video and has already lined up a number of other professionals to take the initiative forward. We will let you know as soon as these additional patient resources are completed and added to the website.

Earlier this month, the film, "The Sound of Periodontitis", was featured as a highlight of the ten Europerio Conferences in the closing ceremony at EuroPerio 10 in Copenhagen. This was of course an initiative led by the BSP and featured me and fellow Patient Forum members. The film is available on the BSP website and the EFP YouTube channel with subtitles in seven languages.

Although the year has been generally fruitful, one event did not fare quite so well. Prof Ian Needleman had devised a webinar entitled "Ask the Expert," where patients would field a number of topics to accomplished professionals. Unfortunately, only three Patient Forum members indicated their willingness to take part, which meant that the event was postponed.

We currently have forty-five members of the Patient Forum. It has become clear that most of the activity of Patient Forum members is provided by a few very enthusiastic members. In order to address this:

- 1. We have developed a standard for expectations of activity and involvement of Patient Forum members. We will use this for recruitment of new members. As a minimum commitment, there will be four online meetings a year to attend, usually on a mid-week evening, with up to 60 minutes preparation beforehand on materials that we will send. There will be further opportunities to contribute to Forum projects and they would be expected to take part in at least one per year with guidance and support from the Forum.
- 2. We have developed a flyer to summarise this (attached).

3. We would like to ask Council members to recruit at least one new Forum member, preferably from their NHS clinics with an understanding of the new expectations. We are particularly keen to encourage participation from ethnic minorities and people with disabilities.

And finally, very many thanks from me and the Forum to Paula Dunn, without whose help none of the above would be possible.

I look forward to reporting again on a positive year next year for the Patient Forum.

Professor Ian Needleman stated that he is keen for the Education Advisory Committee to link with the Patient Forum, as part of their remit.

Dr Paul Baker proposed and Dr Mandeep Ghuman seconded Mr Ekiert's report.

#### 9. Election of Officers 2023

As no other nominations have been received, the following are proposed by Professor Rajan Nansi and seconded by Professor Wendy Turner on behalf of the Council:

President 2023Professor Mike MilwardSenior Vice-PresidentProfessor Gerry Linden

Vice-President (Immediate-Past President) Dr Rajan Nansi

Vice-President (President-Elect 2024)

Vice-President (President-Elect 2025)

Honorary Secretary

Professor Philip Preshaw

Professor Nicola West

Professor Wendy Turner

Honorary Treasurer Dr Ian Dunn

Honorary EditorDr Alexander PollardCommercial Liaison OfficerDr Viren Vithlani

Professor Turner expressed her thanks to the other members and representatives on BSP Council.

#### 10. Election of Other Members of Council

Prof Turner announced that there were no elections at this present time.

### 11. Election of the President-Elect for 2026

Professor Turner announced that Dr Paul Baker has accepted the Presidential role for 2026.

#### 12& 13. Honorary Members/ Emeritus Membership

Professor Turner advised that there are no awards of Honorary or Emeritus Membership this year.

#### 14. Notification of Awards and Prizes

Professor Turner was delighted to announce the Award winners for 2022, as judged so far:

- BSP Clinical Fellowship Award Dr Hong Jin Tan
- BSP Research Grant Dr Joshua Jackson
- Frank Ashley Undergraduate Prize Kate McNelly

## 15. Any Other Business

## **Professor Alan Dolby**

Prof Turner advised that it is with great sadness that we must inform our members of the sad passing of Professor Alan Dolby.

Alan was a much-loved member of the Society, serving as President in 1982-83 and bestowed with Honorary membership in 2020.

Professor Nicola West has fond memories of Professor Dolby, who was one of her tutors at Cardiff Dental School, and has kindly written an obituary, which will be published on the website News page and in the June newsletter tomorrow.

Professor Turner advised that a vote of thanks to the immediate Past President, Professor Mark Ide will be made at the Conference Dinner in October.

### 16. Report of the President

Dr Rajan Nansi reported as follows:

Good evening to all and thank you for attending this evening.

Good evening and thank you for attending this evening's meeting.

For those of you who don't know, I have been a part of the BSP family since qualifying as a dentist in London, back in 2004. I have always had a passion for perio and was keen to get involved from a young age. I attended regional meetings, annual conferences and entered some of the awards and prizes which the BSP bestow each year. I offered my help at events and supported Council initiatives whenever opportunities arose. Being involved with the Society so early in my career inspired me in many ways and enabled me to learn, grow and develop as a practitioner and as a leader.

Some highlights of my early involvement with BSP include the honour of being appointed as the first Chair of the Early Careers Group and the proud moment when my case study on gingival veneers was accepted!

You can, therefore, imagine my enthusiasm and delight when I was invited to stand as President this year. I am truly honoured to serve the Society in this role and to be making my presidential address this evening.

As with all important roles, the job is made much easier when you have a fantastic team around you. The success of the BSP is down to the selfless teamwork of all the members of Council, who give up their time and bring together their skills to help the Society achieve its charitable objectives. We have a clear vision of exactly what we

want to achieve, and I am grateful to my fellow Council members for their hard work and dedication, all of which enables us to carry out our mission.

Each BSP President picks up the baton from their predecessor and continues the Society's work, whilst adding their own personal stamp, of course. I am very fortunate to follow a long and distinguished list of Past Presidents – and I am proud to join this particular club. This annual 'changing of the guard' is a real testament to the BSP Council members who support each transition and work with the plans of the newest President.

I am grateful for the wonderful support I have received from this year's Executive Team: Wendy Turner and Ian Dunn. Together, as a team, we do our absolute best to reply to enquiries and support the needs of our membership.

I must also thank Paula and Tamsin, who work hard behind the scenes and provide Council with invaluable support. They have taken me under their wings this year and been excellent at guiding me in my role. Their organisation and meticulous planning of all things BSP is exactly what I, and most (actually all) Presidents, certainly couldn't manage without.

Finally, I wish to extend my sincere thanks to our 2022 Partner Sponsors, Acteon, Corsodyl, Curasept, EMS, KIN Dental, Johnson & Johnson, NSK and Oral-B. They play an important part in helping the Society achieve many of its strategic aims and objectives to benefit and support our members, the wider dental profession, patients and the public. More information about our Partner Sponsors can be found on our website: <a href="https://www.bsperio.org.uk/about-us/partner-sponsors">https://www.bsperio.org.uk/about-us/partner-sponsors</a>

My Presidential year got off to a good start with the wonderful news that my good friend and mentor, Professor Iain Chapple, was recognised in the 2022 New Year's Honours list for his extraordinary achievements and service to oral health. This was a very well-deserved award recognising Iain's lifetime of service dedicated to improving dental care and oral health for the public and patients and the significant impact he has made in supporting the dental team nationally and internationally.

lain hasn't received his MBE from Buckingham Palace yet but you will see on the slide a lovely photograph of Ian and his wife, Liz, attending the recent Platinum Jubilee service at St Paul's Cathedral.

I am sure you will join me in formally congratulating lain. We have so many humble people in dentistry, who give up so much of their own time to support the cause, that it is important to highlight when such accolades are awarded. I can already think of other members of the Society worthy of a similar honour.

It is hard to believe that I am already at the mid-point of my Presidency. I am proud of what the Society has accomplished so far this year. Examples of this include another successful Gum Health Day and the BSP's impressive representation at EuroPerio10 in Copenhagen – we do perio and parties extremely well!

I remain focused on the goals I wish to achieve with Council during the remainder of my term. As always, we shall keep the membership at the heart of everything we do.

To support dental professionals, we are currently updating the Good Practitioner's Guide to Periodontology. The Society is extremely grateful to the many authors who are currently adding the final changes to their sections. We recognise how valued this resource is in practice and we hope to have the 4th edition available by the end of the year.

The BSP is also taking on the challenge of reviewing the EFP S3 Stage IV Perio Treatment Guidelines. We intend to follow the same process as we did last time, by creating four working groups to focus on the systematic reviews in the publication. Professor Nicola West and Prof. Moritz Kebschull have kindly agreed to lead this project again. They will be consulting with working groups comprising dental professionals, medical experts, stakeholders and BSP Patient Forum members, to ensure that the European guidelines are suitable for the UK healthcare system.

BSP Council is committed to making sustainable changes in all aspects of its work to safeguard the future of the Society for its members, patients, public and the wider dental community that it serves. Please visit our website for more information on this important topic and to view our Mission Statement and Sustainable Development Goals.

As mentioned earlier by Wendy, I have planned my conference to take place at Luton Hoo, the venue originally chosen by my good friend, Nik Pandya. Like Nik, I have always had a passion for supporting practitioners and the wider team and this is reflected in my conference programme.

The Conference presentations will appeal practice-wide to dentists, therapists, hygienists and specialists. It has a grassroots, practical approach with knowledge and insights which will transfer back to the practice after the event.

In addition to the fantastic lectures and workshops, we will also have a wonderful opportunity to party at the Conference Dinner. We can all meet and have a funfilled evening with friends and colleagues, old and new. So please support my Conference and book now to take advantage of the early bird rate.

Earlier today, we held our second Council meeting of the year. As always, it was an action-packed meeting filled with passionate discussions about periodontology and strategic initiatives. And, as ever, Council members will be leaving London tonight with even longer to-do-lists than they arrived with!

However, it is these lists that keep us focused on our mission and bring us a certain amount of joy when striking off a completed action. We must always remember to celebrate the small victories whilst we strive towards our collective goal of "Periodontal Health for a Better Life."

	you, mem		

Signed:	Date: