Treating periodontal disease during pregnancy

Periodontal treatment is very effective in arresting/controlling gum disease in most pregnant women...

Non-surgical periodontal therapy (deep scaling above and below the gum margin accompanied by good daily cleaning)

- does
  - control gum disease in most pregnant women
  - remain safe during 2nd & 3rd trimesters
- but
  - does NOT always
  - prevent complications
  - eliminate gum inflammation completely

Periodontal treatment: more effective before conception than during pregnancy

**Gum healthcare**

- before conception
  - successfully restores gum health
  - successfully eliminates gum inflammation
  - may prevent possible complications between gum disease and systemic diseases
- during pregnancy
  - improves gum and general health
  - does not completely prevent the start of complications

Make sure that gum disease does not become an issue during pregnancy

Visit our site: oralhealthandpregnancy.efp.org