BASIC PERIODONTAL EXAMINATION (BPE)

These guidelines for adults are issued by the Periodontology Unit, Birmingham Dental School

**CODE 0**
- No periodontal treatment required (reinforce plaque control)

**CODE 1**
- Customised Oral Hygiene Instruction (OHI)

**CODE 2**
- Customised OHI
- Remove plaque retentive factors including supra & sub-gingival calculus

**CODE 3**
- Radiographs (bitewings) of code 3 sextant
- Plaque and bleeding (full mouth)
- Customised OHI
- Remove plaque retentive factors including supra & sub-gingival calculus

**CODE 4**
- Radiographs (periapicals) of code 4 sextant
- Detailed pocket chart (full mouth)
- Plaque and bleeding (full mouth)
- Customised OHI
- Remove plaque retentive factors including supra & sub-gingival calculus
- RSD sites ≥5mm

**FOLLOW UP**

Repeat BPE every **12 months**

Review **3 months**
- Detailed pocket chart (Not BPE) RSD if residual sites ≥5mm
- Plaque and bleeding

Review **3 months**
- Repeat Detailed pocket chart
- Plaque and bleeding

NB: Code 3 should respond to good OH and scaling, so DPC & RSD are not needed for initial phase treatment

These guidelines for adults are issued by the Periodontology Unit, Birmingham Dental School.